

TORAH

INSTRUCTIONS

FOR THE EXILES

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נִדְמּוּ עַמִּי מִבְּלִי הַדַּעַת... .

My people are destroyed
for lack of knowledge....

Hoshea (Hosea) 4:6

JPS 1917

THE BLESSINGS AND THE CURSES

רָאָה אֲנֹכִי נִתֵּן לְפָנֶיכֶם הַיּוֹם בְּרָכָה וּקְלָלָה:

- *See, this day I set before you blessing and curse:*

אֶת־הַבְּרָכָה אֲשֶׁר תִּשְׁמְעוּ אֶל־מִצְוֹת יְהוָה אֱלֹהֵיכֶם אֲשֶׁר אֲנֹכִי מְצַנֵּה אֶתְכֶם הַיּוֹם:

- *blessing, if you obey the commandments of the LORD your God that I enjoin upon you this day;*

וְהַקְלָלָה אִם־לֹא תִשְׁמְעוּ אֶל־מִצְוֹת יְהוָה אֱלֹהֵיכֶם וְסָרְתֶם מִן־הַדֶּרֶךְ אֲשֶׁר אֲנֹכִי מְצַנֵּה אֶתְכֶם הַיּוֹם לְלַכֵּת אַחֲרֵי אֱלֹהִים אֲחֵרִים אֲשֶׁר לֹא־יָדַעְתֶּם: {ס}

- *and curse, if you do not obey the commandments of the LORD your God, but turn away from the path that I enjoin upon you this day and follow other gods, whom you have not experienced.*

Devarim (Deuteronomy) 11: 26-28

JPS 1917

THE BLESSINGS IF THEY KEEP COMMANDMENTS

1. YOUR DAYS IN “THE LAND” WILL BE PROLONGED

וּשְׁמַרְתֶּם אֶת־כָּל־הַמִּצְוָה אֲשֶׁר אֲנֹכִי מְצַוֶּה הַיּוֹם לְמַעַן תִּחְזְקוּ וּבִאֲתֶם גִּירְשֶׁתֶם אֶת־הָאָרֶץ אֲשֶׁר אֲתֶם עֹבְרִים שָׁמָּה לְרִשְׁתָּהּ:

- *Keep, therefore, all the Instruction that I enjoin upon you today, so that you may have the strength to enter and take possession of the land that you are about to cross into and possess,*

וּלְמַעַן תִּאָּרְכוּ יָמִים עַל־הָאָדָמָה אֲשֶׁר נִשְׁבַּע יְהוָה לְאֲבוֹתֵיכֶם לֵאמֹר לָהֶם וּלְזֶרְעָם אֶרֶץ זָבַת חֶלֶב וְדָבָשׁ: {ס}

- *and that you may long endure upon the soil that the LORD swore to your fathers to assign to them and to their heirs, a land flowing with milk and honey.*

Devarim (Deuteronomy) 11: 8-9

JPS 1917

- 2. NO DROUGHTS WHILE IN “THE LAND”
- 3. BUMPER CROPS WHILE IN “THE LAND”
- 4. HERDS WILL INCREASE WHILE IN “THE LAND”

וְהָיָה אִם־שָׁמַעְתָּ תִּשְׁמָעוּ אֶל־מִצְוֹתַי אֲשֶׁר אֲנֹכִי מֵצַוְנָה אֶתְכֶם הַיּוֹם לְאַהֲבָה אֶת־יְהוָה אֱלֹהֵיכֶם וּלְעֲבֹדוֹ בְּכָל־לִבְבְּכֶם וּבְכָל־נַפְשְׁכֶם:

- *If, then, you obey the commandments that I enjoin upon you this day, loving the LORD your God and serving Him with all your heart and soul,*

וְנָתַתִּי מְטַר־אֲרָצְכֶם בְּעֵתוֹ יְנִיחַ וּמִלְקוֹשׁ וְאֶסְפַּת דְּגַנְךָ וְתִירְשָׁךָ וַיִּצְהַרְךָ:

- *I will grant the rain for your land in season, the early rain and the late. You shall gather in your new grain and wine and oil—*

וְנָתַתִּי עֵשֶׂב בְּשָׂדֶךָ לְבַהֲמֹתֶיךָ וְאָכַלְתָּ וְשָׂבַעְתָּ:

- *I will also provide grass in the fields for your cattle—and thus you shall eat your fill.*

Devarim (Deuteronomy) 11:13-15

IPS 1917

- 5. NO SICKNESS WHILE IN “THE LAND”
- 6. NO MISCARRIAGES WHILE IN “THE LAND”
- 7. LIVE TO A RIPE OLD AGE WHILE IN “THE LAND”

וְעַבְדִּתֶּם אֶת יְהוָה אֱלֹהֵיכֶם וּבְרַחֵם אֶת־לַחְמְךָ וְאֶת־מִימֵיךָ וְהִסְרֹתִי מִמְּלֶךְ מִקְרַבְךָ: {ס}

- *You shall serve the LORD your God, and He will bless your bread and your water. And I will remove sickness from your midst.*

לֹא תִהְיֶה מִשְׁפָּלָה וְעִקְרָה בְּאֲרָצְךָ אֶת־מִסְפַּר יְמֵיךָ אֲמַלֵּא:

- *No woman in your land shall miscarry or be barren. I will let you enjoy the full count of your days.*

Shemot (Exodus) 23: 25-26

JPS 1917

8. ENEMIES WILL FEAR YOU WHILE IN “THE LAND”

לאִי־תִנָּצֵב אִישׁ בְּפָנֶיךָם פְּחָדְךָ וּמִנְרָאֲכָם יִתֵּן | יְהוָה אֱלֹהֵיכֶם עַל־פְּנֵי כָל־הָאָרֶץ אֲשֶׁר תֵּדְרֹכוּ־בָּהּ
כַּאֲשֶׁר דִּבֶּר לָכֶם: {ס}

- *No man shall stand up to you: the LORD your God will put the dread and the fear of you over the whole land in which you set foot, as He promised you.*

Devarim (Deuteronomy)11: 25

JPS 1917

THE CURSES IF THEY DON'T KEEP COMMANDMENTS **BAD NEWS** WHILE IN “THE LAND”

וְהָיָה אִם־לֹא תִשְׁמַע בְּקוֹל יְהוָה אֱלֹהֶיךָ לְשִׁמְרָת לַעֲשׂוֹת אֶת־כָּל־מִצְוֹתַי וְחֻקֹּתַי אֲשֶׁר אֶנְכִּי מְצַוֶּה
הַיּוֹם וּבָאוּ עָלֶיךָ כָּל־הַקְּלָלוֹת הָאֵלֶּה וְהִשְׁיִגּוּךָ:

- *But if you do not obey the LORD your God to observe faithfully all His commandments and laws which I enjoin upon you this day, all these curses shall come upon you and take effect:*

Devarim (Deuteronomy) 28:15

JPS 1917

1. DROUGHTS AND FAMINES WHILE IN “THE LAND”

הִשְׁמְרוּ לָכֶם פֶּן יִפְתָּה לְבַבְכֶם וְסָרְתֶם וְעַבַדְתֶּם אֱלֹהִים אֲחֵרִים וְהִשְׁתַּחֲוִיתֶם לָהֶם:

- *Take care not to be lured away to serve other gods and bow to them.*

וְחָרָה אַף־יְהוָה בְּכֶם וְעָצַר אֶת־הַשָּׁמַיִם וְלֹא־יִהְיֶה מָטָר וְהִיאֲדָמָה לֹא תִתֵּן אֶת־יְבוּלָהּ וְאֲבֹתָתָם מִהָרָה מֵעַל הָאָרֶץ הַטֹּבָה אֲשֶׁר יְהוָה נָתַן לָכֶם:

- *For the LORD’s anger will flare up against you, and He will shut up the skies so that there will be no rain and the ground will not yield its produce; and you will soon perish from the good land that the LORD is assigning to you.*

Devarim (Deuteronomy) 11: 16-17

JPS 1917

2. PLAGUES WHILE IN “THE LAND”

3. DISEASES WHILE IN “THE LAND”

וְהִפְלֵא יְהוָה אֶת־מַכּוֹתָיו וְאֵת מַכּוֹת יִרְעָף מַכּוֹת גְּדֹלֹת וְנֹאֲמָנוֹת וְחֲלָיִם רָעִים וְנֹאֲמָנִים:

- *the LORD will inflict extraordinary plagues upon you and your offspring, strange and lasting plagues, malignant and chronic diseases.*

וְהָשִׁיב בָּךְ אֶת כָּל־מַדּוּנָה מִצְרַיִם אֲשֶׁר יִגְרַת מִפְּנֵיהֶם וְדָבְקוּ בָּךְ:

- *He will bring back upon you all the sicknesses of Egypt that you dreaded so, and they shall cling to you.*

Devarim (Deuteronomy) 28: 59-60

JPS 1917

And if the Children of Israel didn’t repent after these plagues and diseases, then the Almighty promised that He would send an army to destroy them and forcefully remove them from the land.

4. DEFEATED BY YOUR ENEMIES WHILE IN “THE LAND”

יִשָּׂא יְהוָה עִלְיָיִךְ גּוֹי מִרְחֹק מִקְצֵה הָאָרֶץ כַּאֲשֶׁר יִדְעָה הַנֶּשֶׁר גּוֹי אֲשֶׁר לֹא־תִשְׁמַע לְשׁוֹנוֹ:

- *The LORD will bring a nation against you from afar, from the end of the earth, which will swoop down like the eagle—a nation whose language you do not understand,*

גּוֹי עֵז פָּנִים אֲשֶׁר לֹא־יִשָּׂא פָּנִים לְזָקֵן וְנַעַר לֹא יִחַן:

- *a ruthless nation, that will show the old no regard and the young no mercy.*

וְאָכַל פְּרִי בְהֵמָתְךָ וּפְרִי־אֲדָמָתְךָ עַד הַשְׁמָדָךְ אֲשֶׁר לֹא־יִשְׁאִיר לְךָ דָגָן תִּירוֹשׁ וְיִצְהָר שָׁגֵר אֶלְפִיךָ וְעִשְׂתָּרֶת צֹאנֶיךָ עַד הָאֲבִידוֹ אֹתְךָ:

- *It shall devour the offspring of your cattle and the produce of your soil, until you have been wiped out, leaving you nothing of new grain, wine, or oil, of the calving of your herds and the lambing of your flocks, until it has brought you to ruin.*

Devarim (Deuteronomy) 28: 49-52

JPS 1917

MORE

BAD NEWS

**SURVIVORS WILL BE REMOVED FROM
“THE LAND” & SCATTERED TO THE NATIONS**

וְהִפִּיצָךְ יְהוָה בְּכָל־הָעַמִּים מִקְצֵה הָאָרֶץ וְעַד־קְצֵה הָאָרֶץ וְעַבַדְתָּ שָׂם אֱלֹהִים אֲחֵרִים אֲשֶׁר לֹא־יִדְעָתָּ אֹתָהּ וְאֲבֹתֶיךָ עֵז וְאָבֹן:

- *The LORD will scatter you among all the peoples from one end of the earth to the other, and there you shall serve other gods, wood and stone, whom neither you nor your ancestors have experienced.*

Devarim (Deuteronomy) 28: 64

JPS 1917

WHILE IN THE LAND OF “THE ENEMY”

וְאַתְּכֶם אֲזַנְרָה בְּגוֹיִם וְהִרִיקוּתִי אַחֲרֵיכֶם חָרֵב וְהִיָּתָה אֶרְצְכֶם שְׂמֵמָה וְעָרֵיכֶם יִהְיוּ חָרְבָה:

- *And you will I scatter among the nations, and I will draw out the sword after you; and your land shall be a desolation, and your cities shall be a waste.*

אִז תִּרְצָה הָאָרֶץ אֶת־שַׁבְּתוֹתֶיהָ כֹּל יְמֵי הַשְּׂמָה וְאַתֶּם בְּאֶרֶץ אֲיִבֵיכֶם אִז תִּשְׁבֹּת הָאָרֶץ וְהִרְצָת אֶת־שַׁבְּתוֹתֶיהָ:

- *Then shall the land be paid her sabbaths, as long as it lieth desolate, and ye are in your enemies' land; even then shall the land rest, and repay her sabbaths.*

כָּל־יְמֵי הַשְּׂמָה תִּשְׁבֹּת אֶת אֲשֶׁר לֹא־שָׁבְתָהּ בְּשַׁבְּתוֹתֵיכֶם בְּשַׁבְּתוֹכֶם עָלֶיהָ:

- *As long as it lieth desolate it shall have rest; even the rest which it had not in your sabbaths, when ye dwelt upon it.*

וְהִנְשָׂאֲרִים בְּכֶם וְהִבֵּאתִי מִרְדָּף בְּלִבְכֶם בְּאֶרְצוֹת אֲיִבֵיהֶם וְרִדְדָה אֹתָם קוֹל עֲלֵה נִדְדָה וְנָסוּ מִגִּסְת־חָרֵב וְנָפְלוּ וְאִין רִדְדָה:

- *And as for them that are left of you, I will send a faintness into their heart in the lands of their enemies; and the sound of a driven leaf shall chase them; and they shall flee, as one fleeth from the sword; and they shall fall when none pursueth.*

וְכָשְׁלוּ אִישׁ־בְּאֶחָיו כְּמִפְנֵי־חָרֵב וְרִדְדָה אִין וְלֹא־תִהְיֶה לָכֶם תְּקוּמָה לִפְנֵי אֲיִבֵיכֶם:

- *And they shall stumble one upon another, as it were before the sword, when none pursueth; and ye shall have no power to stand before your enemies.*

וְאַבְדֶתֶם בְּגוֹיִם וְאָכְלָה אֶתְכֶם אֶרֶץ אֲיִבֵיכֶם:

- *And ye shall perish among the nations, and the land of your enemies shall eat you up.*

וְהִנְשָׂאֲרִים בְּכֶם יִמְלְקוּ בְּעֹנָם בְּאֶרְצוֹת אֲיִבֵיכֶם וְאָרְף בְּעֹנֹת אַבְתֶּם אֹתָם יִמְקוּ:

- *And they that are left of you shall pine away in their iniquity in your enemies' lands; and also in the iniquities of their fathers shall they pine away with them.*

Vayikra (Leviticus) 26: 34-39

JPS 1917

THE
BAD NEWS
CONTINUES

WHILE IN THE LAND OF “THE ENEMY”

1. NO REST
2. TREMBLING HEART / FEARFUL
3. FAILING EYES
4. DESPAIR

ובגוים ההם לא תרגיע ולא יתנה מנוח לכף-רגלך ונתן יהוה לה שם לב רגז וכליון עינים ודאבון גפוש:

- *And among these nations shalt thou find no ease, neither shall the sole of thy foot have rest; but the Lord shall give thee there a trembling heart, and failing of eyes, and despair of mind:*

Devarim (Deuteronomy) 28: 65

The Koren Jerusalem Bible

WHY DOES GOD DO THESE THINGS TO US?

והיה כי תאמרו תחת מה עשה יהוה אליהנו לנו את-פל-אלה ואמרת אליהם כאשר עזבתם אותי ומעבדו אלהי נכר בארצכם בן מעבדו זרים בארץ לא לכם: {פ}

- *And when they ask, “Because of what did the LORD our God do all these things?” you shall answer them, “Because you forsook Me and served alien gods on your own land, you will have to serve foreigners in a land not your own.”*

Yirmiyahu (Jeremiah) 5:19

JPS 1917

EPHRAIM DOESN'T REALIZE WHO THEY ARE AND THAT THEY ARE IN THE LAND OF "THE ENEMY"

אֶפְרַיִם בְּעַמִּים הוּא יִתְבּוֹלֵל אֶפְרַיִם הִינֵה עֲגָה בְּלֵי הַפּוּקָה:

- *Efrayim, he has mingled himself among the peoples; Efrayim is a cake not turned.*

אֶכְלוּ זָרִים כֹּחֹו וְהוּא לֹא יָדַע גַּם־שִׁיבָה זָרְקָה בּוֹ וְהוּא לֹא יָדַע:

- *Strangers have devoured his strength, and he knows it not: yea, grey hairs are here and there upon him, yet he knows not.*

Hoshea (Hosea) 7: 8-9

The Koren Jerusalem Bible

THE CURSES ARE SIGNS

FOR EPHRAIM AS A REMINDER THAT THEY ARE
IN THE LAND OF "THE ENEMY"

וּבָאוּ עָלֶיךָ כָּל־הַקְּלָלוֹת הָאֵלֶּה וּרְדָפוּךָ וְהִשְׁיִגוּךָ עַד הַשְׁמָדָה כִּי־לֹא שָׁמַעְתָּ בְּקוֹל יְהוָה אֱלֹהֶיךָ לְשָׁמֹר
מִצְוֹתַי וְחֻקֹּתַי אֲשֶׁר צִוִּיתִי:

- *All these curses shall befall you; they shall pursue you and overtake you, until you are wiped out, because you did not heed the LORD your God and keep the commandments and laws that He enjoined upon you.*

וְהָיוּ בָּךְ לְאוֹת וּלְמוֹפֵת וּבְזָרְעֶךָ עַד־עוֹלָם:

- *They shall serve as signs and proofs against you and your offspring for all time.*

Devarim (Deuteronomy) 28:45-46

JPS 1985

WILDFIRES



Burnout ops by McCall Smokejumpers by Mike McMillan/USFS / 2020

PUBLIC DOMAIN

TORNADOS



OAR/ERL/National Severe Storms Laboratory (NSSL) via [pingnews]. Public Domain

VOLCANOS



Alaska's Pavlof Volcano: NASA's View from Space / Credit: Brandon Wilson/AVO (2013) CC
<https://www.flickr.com/photos/gstc/8815682068/in/photolist-er1F9q-er1F4L-eq5qCT-eq5qHk-eq5qx8-er1EHJ-er1EDL/>

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EARTHQUAKES



Damaged buildings in Kahramanmaraş after 7.8 magnitude earthquake in Türkiye (2023) by Əziz Kərimov (VOA)

PUBLIC DOMAIN

WARS



2 ww2 soldiers standing next to ww2 tank on a street in war torn Carentan / Designed by Freepix

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WARS

כִּי יִהְיֶה עֵינָיו מִשְׁטָטוֹת בְּכָל־הָאָרֶץ לְהַתְחַזֵּק עִם־לִבְכֶם שָׁלֵם אֵלָיו נִסְכְּלָתָ עַל־זֹאת כִּי מֵעַתָּה יִשׁ עִמָּךְ מִלְחָמוֹת:

- *For the eyes of the LORD range over the entire earth, to give support to those who are wholeheartedly with Him. You have acted foolishly in this matter, and **henceforth you will be beset by wars.***”

Divrei Hayamim II (Chronicles II) 16:9

JPS 1985

LOCUST SWARMS



Outbreak of desert locust (*Schistocerca gregaria*) in southwestern Morocco in November 2004. / Credit: Magnus Ullman(2007) CC USED BY PERMISSION
[https://commons.wikimedia.org/wiki/File:Criquet_migrateur_Schistocerca_gregaria_Juncus_maritimus_at_Imlilik,_Western_Sahara_\(April,_1944\).png](https://commons.wikimedia.org/wiki/File:Criquet_migrateur_Schistocerca_gregaria_Juncus_maritimus_at_Imlilik,_Western_Sahara_(April,_1944).png)

LOCUST SWARMS

38 You will take much seed out to the field,
yet you will gather in little, for **the locusts will**
finish it.

לתזרע רב תוציא השדה ומעט תאסף כי
יחסלנו הארבה

Devarim (Deuteronomy) 28:38
The Complete Jewish Bible with Rashi Commentary

COVID - 19



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PLAGUES

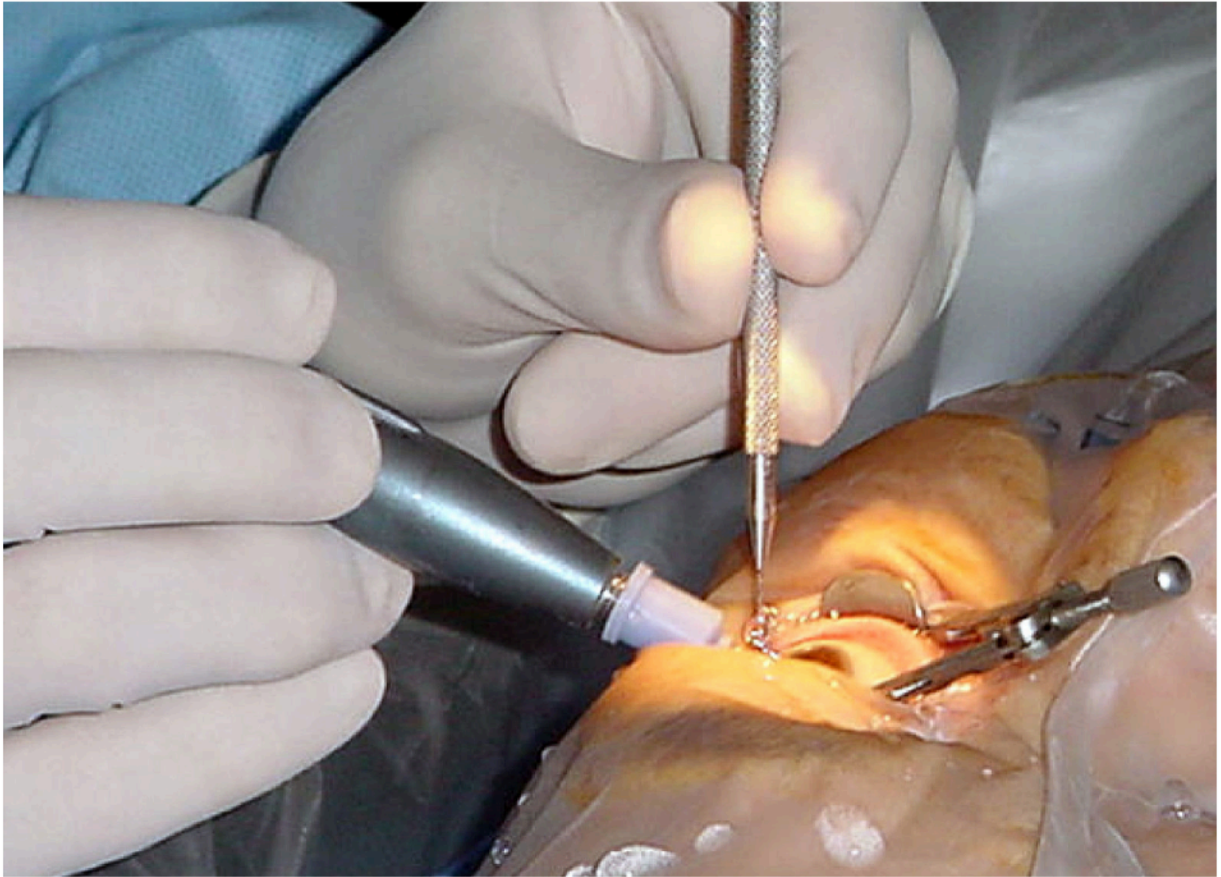
59 Then the Lord [will bring upon] you and your offspring uniquely [horrible] **plagues**, terrible and unyielding plagues, and evil and unyielding sicknesses.

טוהפלא יהיה את-מכתך ואת מכות
זרעך מכות גדלת וגאמבות וחקלים רעים
וגאמגים

Devarim (Deuteronomy) 28:59

The Complete Jewish Bible with Basal Commentary

CATARACT SURGERY



CATARACT SURGERY: Department of the Navy, the U.S Federal Government / 2005

PUBLIC DOMAIN

FAILING EYES

65 "And among those nations, you will find no ease, and **there will be no rest** for the sole of your foot. The Lord will give you there a **trembling heart, failing of the eyes, and a fainting soul.**"

סְהוּבָבוֹתִים הָהֵם לֹא תִרְגָּיעַ וְלֹא־יִהְיֶה
מְנוּחַם לְכַף־רַגְלֶךָ וְנָתַן יְהוָה לְךָ שֵׁם לֵב
רָגַז וְכִלְיוֹן עֵינַיִם וְדָאֲבוֹן גִּפְשׁ

Devarim (Deuteronomy) 28:65

SO, WHAT IS THE SOLUTION FOR THESE CURSES?

THE
GOOD NEWS

THE PROMISE OF RESTORATION
RETURNING TO “THE LAND”

וְהָיָה כִּי־יָבֹאוּ עָלֶיךָ כָּל־הַדְּבָרִים הָאֵלֶּה הַבְּרָכָה וְהַקְּלָלָה אֲשֶׁר נָתַתִּי לְפָנֶיךָ וְהִשְׁבַּתְךָ
אֶל־לְבָבְךָ בְּכָל־הַגּוֹיִם אֲשֶׁר הִדִּיחָךְ יְהוָה אֱלֹהֶיךָ שָׁמָּה:

- *When all these things befall you the blessing and the curse that I have set before you—and you take them to heart amidst the various nations to which the LORD your God has banished you,*

וּשְׁבַתְּ עַד־יְהוָה אֱלֹהֶיךָ וְשָׁמַעְתָּ בְּקוֹלוֹ כְּכֹל אֲשֶׁר־אָנֹכִי מְצַוֶּה הַיּוֹם אֶתְּךָ וּבְנֶיךָ בְּכָל־לְבָבְךָ
וּבְכָל־נַפְשְׁךָ:

- *and you return to the LORD your God, and you and your children heed His command with all your heart and soul, just as I enjoin upon you this day,*

וְלָשֵׁב יְהוָה אֱלֹהֶיךָ אֶת־שְׁבוּיֹתֶיךָ וְרַחֲמֶיךָ וְשָׁב וְקִבְּצֶךָ מִכָּל־הָעַמִּים אֲשֶׁר הִפִּיצָךְ יְהוָה אֱלֹהֶיךָ
שָׁמָּה:

- *then the LORD your God will restore your fortunes and take you back in love. He will bring you together again from all the peoples where the LORD your God has scattered you.*

אִם־יְהִינָה גְדֻמָּה בְּקֶצֶה הַשָּׁמַיִם מִשָּׁם יִקְבְּצֶךָ יְהוָה אֱלֹהֶיךָ וּמִשָּׁם יִקְחֶךָ:

- *Even if your outcasts are at the ends of the world, from there the LORD your God will gather you, from there He will fetch you.*

וְהִבִּיאֶךָ יְהוָה אֱלֹהֶיךָ אֶל־הָאָרֶץ אֲשֶׁר־יָרְשׁוּ אֲבוֹתֶיךָ וְיִרְשָׁתָּהּ וְהִיטִבָּךְ וְהִרְבָּךְ מֵאֲבוֹתֶיךָ:

- *And the LORD your God will bring you to the land that your fathers possessed, and you shall possess it; and He will make you more prosperous and more numerous than your fathers.*

TORAH

INSTRUCTIONS

FOR THE EXILES

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